



OCTOBER | 2017

River Valley Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pizza Pasta w/Warm Breadstick Snappy Green Beans Fresh Garden Bar F/C Fruit Choice Milk Choice	3 Tantalizing Teriyaki Chicken w/ Rice and Vegetables Seasoned Green Peas Fresh Garden Bar F/C Fruit Choice Milk Choice	4 Big Daddy's Pizza Slice wgr. or Hot Ham and Swiss Mixed Winter Blend Veggies Fresh Garden Bar F/C Fruit Choice Milk Choice	5 Grilled Chicken Sandwich w/Lett, Tomato, Cheese Seasoned Waffle Fries Fresh Garden Bar F/C Fruit Choice Milk Choice	6 Meatball Sub Sandwich Tender Broccoli Spears Steaming Baked Potato Fresh Garden Bar F/C Fruit Choice Milk Choice
9 Corndog/Stick wgr. Famous Baked Beans Fresh Garden Bar F/C Fruit Choice Milk Choice	10 Baked Chicken Nuggets w/ Sliced Bread Fluffy Mashed Potatoes Flavorful Gravy Fresh Garden Bar F/C Fruit Choice Milk Choice	11 Big Daddy's Pizza Slice wgr Or Brat. with Bun Snappy Green Beans Fresh Garden Bar F/C Fruit Choice Milk Choice	12 Chicken Patty Sandwich comes spicy or regular Cheesy Hash Potatoes Fresh Garden Bar F/C Fruit Choice Milk Choice	13 Crispy Chili Crispito's w/cheese Refried Beans Fresh Garden Bar F/C Fruit Choice Milk Choice
16 Tater Tot Nacho Bake Snappy Green Beans Fresh Garden Bar F/C Fruit Choice Milk Choice	17 Scrumptious Hotdog bar Famous Baked Beans Fresh Garden Bar F/C Fruit Choice Milk Choice	18 Big Daddy's Pizza Slice wgr. or Tangy BBQ Riblet Mixed Winter Blend Veggies Fresh Garden Bar F/C Fruit Choice Milk Choice	19 Toasty Chicken Tenders w/ Fresh Dinner Roll wgr. Fluffy Mashed Potatoes Flavorful Gravy Fresh Garden Bar F/C Fruit Choice Milk Choice	20 Dynamite French Toast wgr Turkey Sausage links Golden Hash Brown Warm Cinn. Apple Slices Fresh Garden Bar F/C Fruit Choice Milk Choice
23 Double Cheese Burger Bar w/Lett, Tomato, Cheese Cheery Potato Smiles Fresh Garden Bar F/C Fruit Choice Milk Choice	24 Walking Taco with Chips Lett, Tomatoes, Cheese Crazy Corn Niblets Fresh Garden Bar F/C Fruit Choice Milk Choice	25 Big Daddy's Pizza Slice wgr or Chic Salad /Croissant Tender Broccoli Spears Fresh Garden Bar F/C Fruit Choice Milk Choice	26 Chicken Patty Sandwich comes spicy or regular Chicken Rice Pilaf Snappy Green Beans Fresh Garden Bar F/C Fruit Choice Milk Choice	27 Superb Cheese Quesadilla Refried Beans Fresh Garden Bar F/C Fruit Choice Milk Choice
30 Cheesy Chicken Spaghetti w/Warm Breadstick Snappy Green Beans Fresh Garden Bar F/C Fruit Choice Milk Choice	31 Fantastic Sandwich Bar w/Lett, Tomato, Cheese Bag of Wgr. Chips Fresh Garden Bar F/C Fruit Choice Milk Choice			

Lunch Prices

Student..2.95

Reduced..40

Adult..3.70

Daily Sandwich Choice
Hamburger/Cheeseburger
SBJ Sandwiches(2)
Extra Entree \$2.50

Must take a 1/2 cup of Fruit
/ Vegetable with Lunch

Breakfast Choices Daily
Mini Cinni's, C/Chip Waffle
Strawberry Filled Bagel
Assorted Muffins and Cereal

Mondays- Breakfast Pizza
Tues.- Pancake Sausage Stick
Wednesday- Muffin Sandwich

Thursday – French Toast
Friday-Donut wgr.

Must take a fruit (1/2 cup)
at Breakfast!!

USDA is a equal
opportunity provider
and employer