



Spring Green Elementary *Fall* October 2011 Newsletter

Group class pictures and picture retakes on Tues. Oct. 4

LABEL YOUR CHILD'S OUTERWEAR!

Fall has officially arrived and students are starting to wear their jackets and sweatshirts almost daily now.

PLEASE be sure to label all of your child's outwear clothing. Coats, sweatshirts, jackets, etc.

ELEMENTARY HEALTH SCREENINGS

Mrs. Anding, our School Nurse, will conduct her yearly health screenings on Oct. 6 and Oct. 7. Health screenings include measuring height and weight and testing vision on all students. Additionally, kindergarten, first, and second grade students will be screened for hearing. Fifth grade students will be screened for blood pressure. Screenings are conducted to help identify health concerns and to facilitate early intervention or treatment. If a student is identified with a health concern, his or her parent/guardian will receive a letter in the mail recommending follow up evaluation by a health care provider.

Parent Teacher Conferences

Fall Parent-Teacher Conferences for SGE will be held on Tues. November 8 from 5-8pm and also on Fri. November 11 from 8:00-Noon.

It is hard to believe that we are almost halfway through the first quarter already! Watch for more information to come home with your child (ren)'s teacher later this month to schedule your conference time.

RIVER VALLEY FAMILIES IN NEED OF ENERGY ASSISTANCE
Sauk County residents may meet with an Energy Assistance staff person at the Spring Green Library or in Baraboo, but will need to schedule an individual appointment to do so. No walk-in appointments will be available. To schedule an appointment, please call 1-800-506-5596 after September 26th.

Iowa County residents may apply for assistance by contacting Iowa County Social Services 608/930-9801 and requesting an application. Applications are available after October 1st.

Richland County residents can apply for assistance by contacting Richland County Health and Human Services 608/647-8821 Ext. 0 or by dropping by their office at 221 West Seminary Street in Richland Center. Applications are available after October 1st.

Dane County residents can apply for assistance by calling Energy Services at 608/267-8601.

**PTO Mtg
Tues. October 4
7:00 p.m.
Please try to attend!**



Don't forget that how you receive our newsletter each month has changed. You will receive a copy by e-mail, you can check it online on our website, or view it in Skyward Family Access.

Paper copies will be sent home only to families who have made a request to do so.

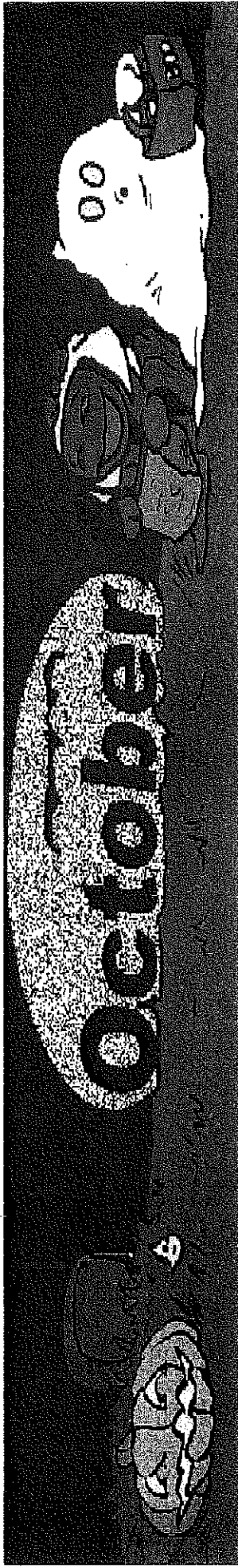
WE CARE/WINTER WEAR FOR FOLKS CLOTHING DRIVE

We Care/Winter Wear for Folks will continue in 2011-12 to provide families of River Valley School District with free winter clothing items. We Care/Winter Wear collects spring and fall jackets, winter coats, blankets, snow pants, sweaters, mittens, hats, scarves and boots for people of all ages, and is located at 149 N. Iowa St. in Dodgeville (Southwest Community Action Program). Their hours are: Monday 10-2; Tuesday 4-5:30; and Thursday 10-2 p.m. Phone number is 608-935-2326. Please call them if you are in need of any additional information.

River Valley Schools will be collecting winter clothing items during the month of October. Donations can be dropped off at Arena, Spring Green, Plain and Lone Rock Elementary Schools during regular school hours.

October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Picture Retakes & Group Class Pictures Kg classes to Peck's PTO Mtg @ 7:00	5 2 HOUR DELAYED START	6 Health screenings scheduled by classroom	7 Health screenings scheduled by classroom	8
9 Fire Prevention Week http://www.nfpa.org	10 Gr 4 and 5 mid-quarter progress reports sent home w/students	11 Grandparents' Day @ SGE 1:00-2:30	12 Burris class Animal Musical"	13	14	15
16	17	18 Seal-A-Smile (here for eligible students— paperwork needed to be handed in prior to today.)	19 Seal-A-Smile (here for eligible students— paperwork needed to be handed in prior to Tuesday.)	20	21	22
23	24	25	26	27	28	29
30	31	Looking ahead — Lil Hawks track & field will be held on May 16 (grades K-2) and May 17 (grades 3-5)				



Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini Turkey Corndogs(c-26.87) Baked Beans(c-29g)	4 Stuffed Crust Pizza Slice(c-42g) Corn Niblets(c-25.33g)	5 Soft Shell Beef Taco (c-14.80g) Lettuce, Tomato, Cheese Refried Beans(c-15g) Late Start Day!!	6 Beef Ravioli(c-27g) Snappy Green Beans(c-8g) WG Breadstick(c-16g) Frz. Yogurt Cup(c-17g)	7 Chicken & Gravy(c-3.20g) over Mashed Potatoes(c-13g) WG Dinner Roll(c-20g)
10 Baked Hot Pasta Dish w/WG Pasta (c-18.50g) Seasoned Green Peas(c-17.11g) WG Breadstick(c-16g)	11 Bosco Cheese Dunkers (c-54g) w/Pizza Sauce California Blend Vegetables(c-6.67g)	12 Baked Chicken Sandwich on a WG Bun(c-41.80) Roasted Red Potatoes(c-17.33g)	13 Star Fish Nuggets(c-21.33g) Creamy Coleslaw(c-9.04g)	14 Hamburger or Cheeseburger on a WG Bun(c-33.50g) Baked Smiles Fries(c-32g)
17 Stuffed Crust Pizza Slice(c-42g) Corn Niblets(c-25.33g) Mini Rice Krispie Treat(c-34g)	18 All Beef Hotdog on a WG Bun(c-50g) Cheesy Broccoli Spears(c-37g)	19 Baked Chicken Nuggets(c-7.80g) Mashed Potatoesw/Gravy(c-17g) WG Dinner Roll(c-20g)	20 Cheese Quesadilla (c-36g) w/salsa and sour cream Black Beans and Corn (c-16.72g)	21 WG French Toast Sticks(c-33.21g) Baked Hash Brown Stick(c-14g) Trix's Yogurt Cup(c-20g)
24 Toasted Cheese Sandwich on WG Bread (c-30g) Healthy Request Tomato Soup(c-17g)	25 Baked Chicken Strips WG(c-18g) Au gratin Potatoes(c-18g)	26 Chili Con Carne(c-16g) WG Pasta(c-20.68g) Corn Chips(c-15g)	27 Hamburger or Cheeseburger on a WG Bun(c-33.50g) Baked Smiles Fries(c-32g)	28 Mac and Cheese WG(c-31g) Snappy Green Beans(c-8g) 100% Fruit Slushie(c-20g)
31 Mini Turkey Corndogs(c-26.87) Baked Beans(c-29g)	1 Stuffed Crust Pizza Slice(c-42g) Corn Niblets(c-25.33g)	2 Soft Shell Beef Taco (c-14.80g) Lettuce, Tomato, Cheese Refried Beans(c-15g)	3 Beef Ravioli(c-27g) Snappy Green Beans (c-8g) WG Breadstick(c-16g) Frz. Yogurt Cup(c-17g)	4 Chicken & Gravy(c-3.20g) over Mashed Potatoes(c-13g) WG Dinner Roll(c-20g)

For additional information
 Contact: Cynthia J. Eby FSD
 ceby@rvschools.org
 1-608-588-2556 ext 112

Free and Reduced-Meal Forms
 can be obtained from all building
 offices at any time throughout the
 school year.

Breakfast Menu
 Mon.... Rice Krispy Cereal Bar(c-26g)
 Tues.... Scrambled Eggs(c-2g)
 Wed.... Breakfast Pizza(c-23g)
 Thur.... Choc. Chip Pancakes(c-23.75g)
 Fri.... Mini Chins/Yogurt(c-40g/20g)
 Second choice daily: Cereal, Bowl
 Comes w/T Toast, Fruit, Milk & Juice

Menu is subject to
 change without notice



A visit to the Food Bar with Lunch!!
 Fresh and Canned Fruit Choice
 Crispy Dinner Salad w/Spinach
 Fresh Vegetable Choice
 Sliced Whole Grain Bread (c-13g)
 Lunch Meal Prices:
 \$2.50 Students \$3.50 Adults
 Lunch and Food Bar included
 Milk Choices 1%, Skim, FF Choc.

Second choice daily at Elementary Schools
 Peanut and Tree Nut Free Sandwich
 (Sunflower Spread and Grape Jelly)
 Go Nuts for No Nuts!!!
 Whole Wheat Bread--No Trans Fats!!

Mark Your Calendar!

Who: For Adult Learners of All Ages!
What: October Adult Learner Sessions
Where: Lone Rock Community Hall
When : Every Thursday in October at 6:00 pm

How to Save a Dollar When You Haven't Got a Dime to Spare

Thurs Oct 6 6:00 PM Learn the steps you can take to get a handle on your finances and your financial stress!

Peggy Olive
Family Living Agent
Richland County UW Extension

Thurs Oct 13 6:00 PM *How to Get Started on your GED / HSED*

Barb Kennedy
Basic Education Instructor
Southwest Wisconsin Technical College

Return to Learn

Thurs Oct 20 6:00 PM Looking for a new or enhanced career? Want to take an enrichment course? We can help!

Jennifer Foley
Adult Student Recruiter
UW Richland Center

Richland Neighbor-to-Neighbor Community Timebank

Thurs Oct 27 6:00 PM You've heard about us on the radio. Come and find out what we're about!

Lisa Rewald & Mary Fowler
Coordinators
Richland Neighbor-to-Neighbor
Community Timebank

Sponsored by the Lone Rock Community Library. To register call Rita at 608-583-2034.

How to Save a Dollar ... **When you don't have a dime to spare?**

Presented by: Peggy Olive, Family Living Agent
Richland County UW-Extension



Thursday, October 6th
6:00—7:00 p.m.

Lone Rock Community Hall
Corner of Liberty and Broadway
Sponsored by the Lone Rock Community Library

Wondering where your money goes?
Worried about putting gas in the car and
groceries on the table? Then this workshop
is for you!



This FREE workshop includes:

- Ideas for cutting expenses and saving money
- Tips for paying down debt
- Helpful hints for setting up a budget
- And living to tell about it!

***To register, call Rita at the Lone Rock
Community Library at 608-583-2034 by
Tuesday, October 4th.***



Sauk County Health Department

505 Broadway Street Suite 372

Baraboo, WI 53913

Phone 608-355-3290

Fax 608-355-4329

Call them
Directly with
any questions.
Thx.

September 20, 2011

Dear Parents/Guardians:

The Sauk County Health Department has received a Seal-A-Smile Grant to apply dental sealants to students during school hours. Sealants provide long term protection on the chewing surfaces of molars against tooth decay. We would like to offer this **free service** to the 2nd, 3rd, 4th and 5th graders at Spring Green Elementary School October 18 and 19, 2011.

→ If your child is eligible to receive sealants, as determined by a dental screening from our registered dental hygienist, and **if you have completed and signed the health history and permission form (attached)**, we will apply sealants to the appropriate molars; as well as finish with a fluoride varnish application to all the teeth. Each parent will receive a note as to the work performed on their child's teeth, or why sealants were not appropriate at this time due to various factors (ie. decay, molars not sufficiently erupted, sealants already in place, etc.).

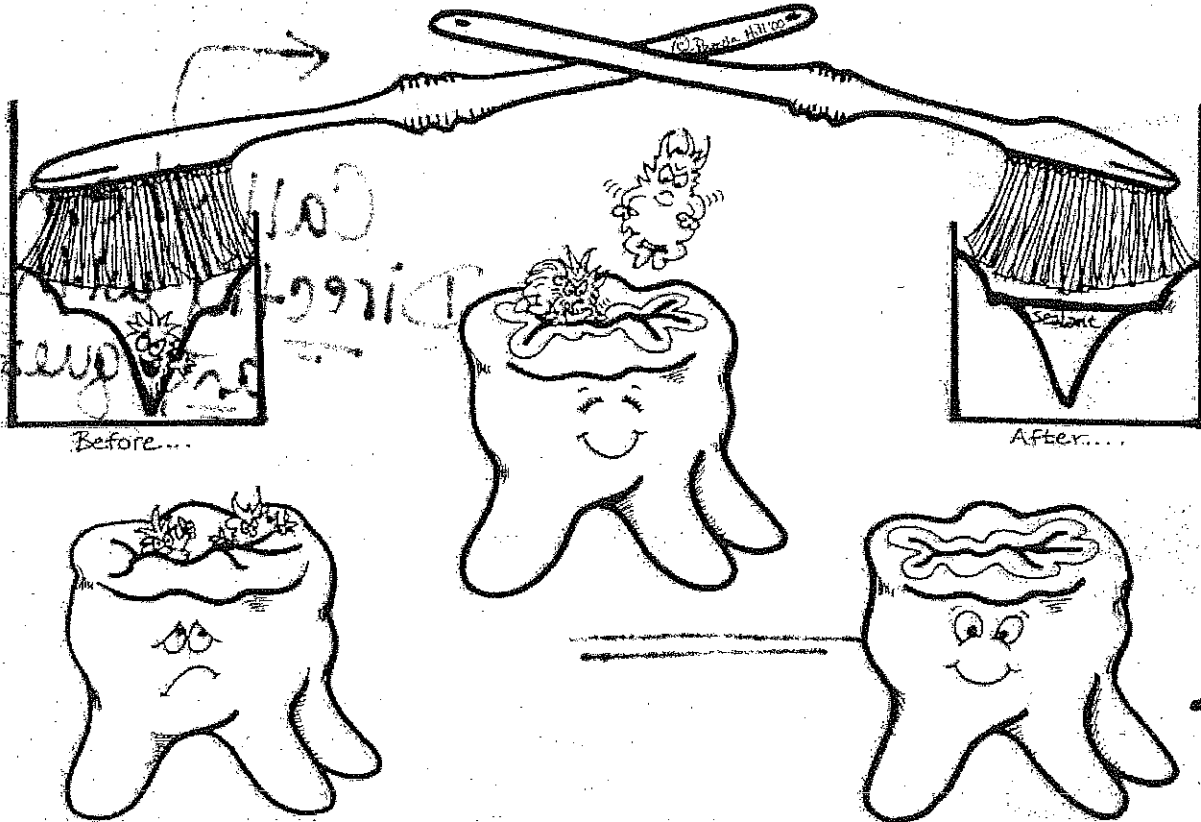
→ On the other side is an information sheet about dental sealants. You must **complete, sign and return to school the attached Health History Form ASAP in order for your child to receive free dental sealants**, if appropriate. If your child receives BadgerCare, Medical Assistance will be billed. Be sure to include your child's MA Identification Number on the form. Please contact Diana Haley RN with Sauk County; or your school nurse; if you have additional questions.

We look forward to providing preventive dental services at Spring Green Elementary School.

Sincerely,

Diana Haley RN
608-355-4303

SEALANTS ARE AN EASY WAY - TO PROTECT KIDS' TEETH FROM TOOTH DECAY!



- Sealants are a special plastic coating, placed on the chewing surfaces of your child's back teeth, by a dentist or dental hygienist.
- The back teeth are called "molars" and 4 permanent molars erupt into the mouth at age 6 and again at age 12. Most decay or cavities occur on these teeth.
- Molars have tiny pits and grooves on the chewing surfaces that are hard to clean because a toothbrush cannot reach into them.
- Plaque germs hide in these pits and grooves and can cause tooth decay. Germs turn the sugar in foods into acid. Acid can eat a hole (cavity) in the tooth.
- Sealants are an economical way to protect your child's teeth. They fill in the tooth's pits and grooves and keep out the germs and foods that cause decay. They also last for years!
- Sealants are placed on your child's teeth in just a few minutes. They are simple to do. Here's how:
 1. The molars are first cleaned, then prepared with a special liquid.
 2. Next, the sealant material is painted on and bonds to the tooth. A special light is used to make the sealants hard.
 3. Now the pits and grooves have a smooth coating and are easy to keep clean.



SAUK COUNTY HEALTH DEPARTMENT

505 Broadway Street Ste 372
Baraboo, WI 53913

Telephone-(608)355-3290
Fax-(608)355-4329

Teacher _____ Date: _____

HEALTH HISTORY HISTORIAL MÉDICO

PLEASE PRINT

Por favor escriba en letra de imprenta

Child's Name _____ Birthdate _____ Age _____
Nombre del niño/niña Fecha de nacimiento Edad

Address _____ City _____ Zip _____
Dirección Ciudad Código postal

Telephone _____ Grade _____ Male Female
Teléfono Grado Hombre Mujer

Race/Ethnicity (check all that apply): White Black/African American Asian
Raza (marquee los apropiados): Blanco Negro/Afroamericano Asiático

Hispanic American Indian/Alaska Native Native Hawaiian/Pacific Islander
Hispano Indoamericano/Nativo de Alaska Hawaiano/Isleflo del Pacifico

1. Please check (v) if your child has been diagnosed with any of the following:
Por favor marquee (v) sis u nifio/a ha sido diagnosticado con alguna de las siguientes:

- | | | |
|---|--|---|
| <input type="checkbox"/> Seizures
Convulsiones | <input type="checkbox"/> Impaired Vision
Discapacidad visual | <input type="checkbox"/> Asthma
Asma |
| <input type="checkbox"/> Hepatitis B or C
Hepatitis B o C | <input type="checkbox"/> Impaired hearing
Discapacidad auditiva | <input type="checkbox"/> Gum Inflammation
Inflamación de la goma |
| <input type="checkbox"/> AIDS/HIV positive
SIDA/VIH positive | <input type="checkbox"/> Autism
Autismo | <input type="checkbox"/> Gum Infection
Infección de la goma |
| <input type="checkbox"/> Diabetes
Diabetes | <input type="checkbox"/> ADD/ADHD
TDA/TDAH
(Trastornos por déficit de atención/TDA con hiperactividad) | <input type="checkbox"/> Oral inflammation
Inflamación oral |

2. Please check (v) any allergies that your child has.
Por favor marquee (v) las alergias que padece su niño/niña.

- rosin, ethanol
- sodium fluoride, dibasic sodium phosphate, calcium sulfate dihydrate
- Please list any other allergies: _____
Por favor liste otras alergias:

Please turn over and complete this form
Por favor llene la parte de atrás también

3. Is your child taking any medications? YES NO
 Está su niño/niña tomando algún Sí NO

If yes, please list medications: _____
 Si la respuesta es Sí, liste los medicamentos: _____

4. Is there anything else we should know about the health of your child? Does your child need special therapies?
 Hay algo más que deberíamos saber sobre la salud de su niño/niña? Su niño necesita terapias especiales?

If yes, please specify: _____
 Si la respuesta es Sí, explique: _____

5. Does your child have a dentist? YES NO
 Tiene su niño/niña un dentista Sí NO

If yes, Dentist name: _____ Location: _____
 Si la respuesta es Sí, Nombre del dentista: _____ Lugar: _____

6. Does your child have Medical Assistance/Badger Care? YES NO
 Tiene su niño/a Asistencia Médica/Badger Care? Sí NO

If yes, ID # _____
 Si la respuesta es Sí, número de identificación: _____

Consent (Effective for one year from date of signing)

Consentimiento (Eficaz por un año a partir de la fecha de la firma)

{ } YES, I do give my free and informed consent for my child to receive an oral health screening, dental sealants and fluoride varnish provided by dental professionals. You can access a Privacy Practice Notice thru the Sauk County Public Health Department.

Si, yo doy mi consentimiento libre e informado para que mi hijo/a reciba una evaluación oral, sellantes dentales y barnizado de fluoruro proveidos por profesionales dentales. Usted puede tener acceso al aviso de la practica de la aislamiento con la salud publica del condado de Sauk.

Media and Photo Release, please check:

Medios de comunicacion y divulgacion de fotos, por favor marque:

{ } YES, I do give permission for my child to be photographed/videotaped.

Si, yo doy permiso para que fotografien o graven en video a mi niño/a.

{ } NO, I do NOT give permission for my child to be photographed/videotaped.

NO, yo NO doy permiso para que fotografien o graven en video a mi niño/a.

Name of Parent or Guardian (please **print** clearly): _____

Nombre de uno de los padres o tutor legal (por favor escriba claro): _____

Signature (parent or legal guardian): _____

Firma (uno de los padres o tutor legal): _____

Date: _____

Fecha: _____