

Need a WIAA Physical? What You Need to Know.

It is that time of year again....time for your child to have a sports physical in preparation for the coming school year.

Although ensuring your child is physically capable to play sports is important, healthcare providers recommend that adolescents have a complete annual wellness exam during their teen years.

What is the difference between a sports physical and an annual wellness exam?

- * A sports physical reviews your child's physical capabilities to be able to participate in sports.
- * A complete annual wellness exam reviews all aspects of your child's health and development.

Can the required WIAA forms be completed during the complete annual wellness visit?

- * Yes! Please bring the WIAA forms, with the athlete/parent sections completed and signed, with you to the appointment.

Will my insurance cover the cost of the annual wellness visit?

- * With the recent changes in healthcare reform, most insurances will cover annual wellness exams at 100%. If you are unsure if your insurance covers this service, please contact your insurance carrier at the number listed on the back of your insurance card.

When you contact one of the clinics listed below to schedule a sports physical, if your child has not had a complete physical in the last year, the sports physical will be converted to an annual wellness exam, which may include updating vaccinations.

You will be informed at the time of scheduling if the appointment will be a sports physical or an adolescent wellness exam. If only a sports physical is scheduled, a \$15.00 fee will be collected at the time of service (for July/August only).

- ◆ A parent or guardian must accompany their minor child(ren) to appointment.
- ◆ WIAA forms must be completed and signed before the appointment.
 - * You may arrive early and obtain the forms when registering **OR**
 - * Forms can be found at www.wiaawi.org under the Health tab

Call early to schedule your appointment!

Richland Medical Center
301 E Second Street
Richland Center, WI 53581
608-647-6161

Spring Green Medical Center
Affiliate of Richland Hospital, Inc.
150 E Jefferson Street
Spring Green, WI 53588
608-588-7413

Muscoda Health Center
Affiliate of Richland Hospital, Inc.
1075 N Wisconsin Avenue
Muscodia, WI 53573
608-739-3113