

# SEPTEMBER | 2019



## River Valley High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b></p>	<p><b>3</b> Cheese Quesadilla Hamb/Cheeseburger Broccoli Spears Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>4</b> General Tso Chicken Or Chicken Egg Rolls w/ Rice and Vegetables Hamb/Cheeseburger Seasoned Green Peas Fresh Garden Bar F/C Fruit Choice</p>	<p><b>5</b> Walking Taco/Chip Delicious Pizza wgr or Hamb/Cheeseburger Refried Beans Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>6</b> Hot Ham /Swiss Sandwich Fish Sandwich Hamb/Cheeseburger Cheesy Potatoes Fresh Garden Bar F/C Fruit Choice Milk Choice</p>
<p><b>9</b> Toasted Cheese Sandwich Delicious Brat/Bun Hamb/Cheeseburger Steamy Tomato Soup Fresh Garden Bar F/C Fruit Choice</p>	<p><b>10</b> Tator Tot Casserole/Bread Slice Delicious Pizza wgr or Hamb/Cheeseburger Snappy Green Beans Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>11</b> Bubbly Pasta Bar w Gr. Bread with Meatballs/Chicken Red/Alfredo Sauce Meatball Sub Hamb/Cheeseburger Broccoli Cuts Fresh Garden Bar F/C Fruit Choice</p>	<p><b>12</b> Grilled Chicken Sandwich Delicious Pizza Slice wgr or Hamb/Cheeseburger Famous Baked Beans Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>13</b> Toasty Chicken Tenders OR Hamb/Cheeseburger Baked Smile Fries Fresh Garden Bar F/C Fruit Choice Milk Choice</p>
<p><b>16</b> Baked Chicken Nuggets /Roll OR Hamb/Cheeseburger Mashed Potatoes/Gravy Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>17</b> Beefy Nacho's Bar Delicious Pizza wgr or Hamb/Cheeseburger Corn Niblets Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>18</b> Turkey Mini Corndogs wgr. Sloppy Joe/Bun. Hamb/Cheeseburger Famous Baked Beans Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>19</b> Chicken Fajitas Bar Delicious Pizza wgr or Hamb/Cheeseburger Fiesta Black Beans Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>20</b> Dynamite French Toast /Sausage Hamb/Cheeseburger Baked Hash Brown Orange Juice Cups Fresh Garden Bar F/C Fruit Choice Milk Choice</p>
<p><b>23</b> Hotdog Bar Scrumptious Meatball Sub Hamb/Cheeseburger Baked Potato Wedges Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>24</b> Crispy Chili Crispito Delicious Pizza wgr or Hamb/Cheeseburger Refried Beans Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>25</b> Cheese Stuffed Bosco Stick BBQ Pork Sandwich Hamb/Cheeseburger Cheesy Broccoli Cuts Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>26</b> Hot Pasta Dish/Breadstick Delicious Pizza wgr or Hamb/Cheeseburger Seasoned Peas Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>27</b> Chicken Patty Sandwich (reg/spicy) Hamb/Cheeseburger Baked Smile Fries Fresh Garden Bar F/C Fruit Choice Milk Choice</p>
<p><b>30</b> Superb Quesadilla 3 Cheese Calzone Hamb/Cheeseburger Broccoli Spears Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>1</b> Chicken and Pancakes Delicious Pizza wgr. Or Hamb/Cheeseburger Golden Hash Brown Orange Juice Cups Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>2</b> General Tso Chicken Or Chicken Egg Rolls w/ Rice and Vegetables Hamb/Cheeseburger Seasoned Green Peas Fresh Garden Bar F/C Fruit Choice</p>	<p><b>3</b> Walking Taco/Chip Delicious Pizza wgr or Hamb/Cheeseburger Refried Beans Fresh Garden Bar F/C Fruit Choice Milk Choice</p>	<p><b>4</b> One Hour Late Start Today! River Valley Homecoming</p> <p>Lunch Served at Middle School</p>

**Student..3.10**  
**Reduced..40**  
**Adult..3.80**  
**Breakfast...1.60**

**Entrees Offered Daily**  
**Burgers, Assorted Wraps**  
**Sandwiches, Uncrustables (2)**

**Chef Salads**  
**extra entree...\$2.75**  
**Extra Milk...40**

**Must take a 1/2 cup of**  
**Fruit/ Veg. with Lunch**

**Breakfast Choices Daily**  
**Mini Cinni's, Assorted Cereal**  
**Assorted Muffins, Uncrustable**  
**Wgr. Bagel w/cream cheese**  
**extra breakfast entree \$1.25**

**Mon- Pancake Stick**  
**Tuesday- Breakfast Pizza**  
**Wed - Wgr. Donut**  
**Thursday- Muffin Sandwich**  
**Fri- Breakfast Bosco Bar**

**Must take a fruit (1/2 cup)**  
**at Breakfast!!**

**This institution is an**  
**equal opportunity provider**